



Full-Time Pelvic Physical Therapist – West Des Moines, IA | Breathe Physical Therapy & Wellness

1011 Office Park Rd. #4 West Des Moines, IA

Shape the future of a client's life, one integrative treatment at a time.

Join a women-centered, holistic, outpatient physical therapy team that is redefining what healthcare feels like.

Breathe. Physical Therapy & Wellness (breatheptw.com) is hiring a Full-Time Pelvic Physical Therapist in our West Des Moines clinic. This is an exciting opportunity for PTs searching for pelvic floor physical therapy jobs, women's health PT roles, or outpatient physical therapist positions in the West Des Moines, Des Moines Metro, Waukee, Clive, Urbandale, and surrounding Central Iowa area. Our West Des Moines clinic is located on Office Park Rd and serves women throughout the Des Moines metro with holistic, women-centered care.

We are changing the face of healthcare in an environment that is **empowering, supportive, and FUN**. At Breathe., we break the mold of traditional medicine by inspiring women to live the energetic, vibrant, and active lives they deserve. Our dedication is evident in every interaction.

How You'll Make An Impact

As a partner in quality care, you will build strong relationships with clients and the community through our biopsychosocial, whole-body model of physical therapy. This includes:

- Providing thoughtful pelvic health and orthopedic assessments
- Completing **60-minute initial evaluations** and **45-minute follow-up sessions**
- Inspiring hope and guiding clients toward their personal goals
- Creating an environment where clients feel heard, encouraged, and successful
- Contributing to clinic growth through collaboration and cross-team communication
- Representing Breathe. in the community as an advocate for women's health, pelvic floor therapy, and holistic wellness

This role is perfect for PTs who want **meaningful one-on-one care**, autonomy, and the chance to truly transform the lives of women and families in a growing community.

Who You Are (Qualifications)

You will thrive here if you are someone with:

- Excellent orthopedic and manual therapy skills
- Understanding that the pelvic floor cannot be separated from the rest of the body



- Training in trigger-point dry needling (preferred; training available post-hire)
- Motivation to achieve goals and contribute to a team's success
- Passion for health, wellness, and holistic care
- A desire to build strong relationships with clients and the community
- A cheerful, positive attitude
- Supportive, open, and compassionate communication style

Experience or Education

- Doctor of Physical Therapy (DPT) preferred; equivalent work or life experience will be considered (including MPT).
- Interest or experience in pelvic health physical therapy, women's health PT, or outpatient pelvic rehab strongly valued.

What We Offer You

Breathe. operates on the values of **visionary, celebration, collaboration, growth, and integrity**. Our mission is to empower our staff and community so that we can continue to learn, grow, and lead with empathy and excellence.

As a team member, you will receive:

- Competitive pay
- \$2,000 per year continuing education allowance
- Medical, dental, and vision insurance sharing
- Retirement match
- Generous PTO + 6 paid holidays
- A positive, supportive, uplifting work environment
- Mentorship in pelvic health and ongoing professional development
- Freedom to practice whole-body PT without productivity pressures or double-booking

To Apply

This position will remain open until filled; start date is as soon as possible. Submit the following to **contactus@breatheptw.com**:

- Resume
- Letter of intent / cover letter, including your vision for helping Breathe. grow and serve a community of 10,000+ women

Applications without all materials will not be considered.

Be Yourself, We Like You That Way



Breathe. is an equal opportunity employer. We are committed to inclusion across race, gender identity, age, religion, sexual orientation, and experiences. Diversity makes us stronger—and helps us create healthier, more joyful communities.